WE BELIEVE

seniors and adults with disabilities are engaged and supported physically, mentally and emotionally and are connected to services

they will stay healthier longer, have improved quality of life and remain independent longer in the community.

OUTPUTS

1,819 Seniors and Adults with Disabilities Served

Senior Center Participants

613

1,206 Aging & Disability Resource Center Participants

3,250 Group Activity Hours

1,172 One-on-one Support Hours

1,682 Computer Lab Hours

OUTCOMES

95% of clients reported feeling their quality of life had improved

86% of clients reported feeling able to maintain their independence

91% of clients reported feeling healthier

These results are based on client satisfaction surveys administered in the fall and spring.

Learn how to volunteer, donate, or get involved at CatholicCharitiesSF.org
The Need
Seniors and adults with disabilities living in the community lack:
- Affordable and engaging activities
- Access to community resources
- Adequate nutrition

Our Response
- 6 days a week of classes and programs
- Daily meals and snacks
- Physical mobility activities
- Computer use education and training
- Community resource linkages

Client Outcomes
- Improved physical health
- Increased independence
- Reduced isolation
- Enhanced quality of life

Community Impact
- Healthier communities
- Decreased need for expensive institutional alternatives like skilled nursing facilities
- Decreased use of emergency services

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