WE BELIEVE

we provide children and youth with affordable, well-coached and well-equipped sports-based youth development activities

IF

they will be more fit and develop improved sportsmanship and leadership abilities for sports and life.

THEN

OUTPUTS

13,183 Youths and Adults Served

237,294 Total Annual Player Hours

2,225 Total Number of Coaches

OUTCOMES

71% of players displayed sportsmanship during the season

66% of players displayed fitness during the season

Results based on an online survey sent to coaches at the end of each sports season.

Learn how to volunteer, donate, or get involved at CatholicCharitiesSF.org
Catholic Charities CYO Athletics provides healthy growth and development opportunities for children through age-appropriate athletic competition, emphasizing leadership skill development, understanding team play, sharing the spotlight, displaying good sportsmanship, building healthy fitness habits, and respecting teammates and opponents. The program is designed to represent the Christian values of respect, love, compassion, and support for one another.

CYO Athletics’ school-year and summer sports programs are offered throughout the Archdiocese of San Francisco providing youth with healthy out-of-school activities in a safe and supervised playing environment. Sports include basketball, volleyball, soccer, track and field, cross country, adult co-ed basketball, high school basketball and volleyball, and baseball. CYO Athletics works with the growing needs of the community to help youth develop healthy lives and futures. Many of our former players continue with the program, returning to coach and officiate.

### Services
- School year and summer sports programs serving more than 11,000 athletes in the San Francisco Archdiocese, which includes San Francisco, Marin, and San Mateo Counties
- Teach sports in a safe, supervised setting
- Build leadership and team skills with lifelong benefits
- Coaching clinics teaching skill-based fundamentals and sportsmanship for youth sports

### Change Model
#### The Need
Children and youth in our communities lack quality, affordable opportunities for:
- Learning good sportsmanship
- Fitness improvement
- Leadership development

#### Our Response
- Year-round leagues, camps, clinics and tournaments in six sports: soccer, basketball, volleyball, track and field, cross-country, and baseball
- Excellent coach and training support
- Community building events

#### Client Outcomes
- Improved sportsmanship
- Increased fitness
- Improved leadership skills

#### Community Impact
- Healthier communities
- Stronger parishes
- Increased inter-neighborhood cooperation
- Increased multigenerational understanding

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