WE BELIEVE

IF
we provide seniors and disabled adults residing in an/or re-entering the community following an institutional stay with case management services

THEN
they will have the ability and resources to be independent and live in the community without returning to an institution resulting in improved quality of life.

Outputs

187
Seniors and Adults With Disabilities Served

76+ years old: 14%
14% < 55 years old: 37%
55 – 75 years old: 49%

2,637
Total Case Management Hours

Outcomes

79%
Seniors and adults with disabilities who have improved or maintained their ability to function independently

85%
Seniors and adults with disabilities who have improved or maintained their quality of life

80%
Seniors and adults with disabilities who have improved or maintained their ability to access services

These results are based on the self-sufficiency matrix assessment tool completed for the head of household.

Learn how to volunteer, donate, or get involved at CatholicCharitiesSF.org
Catholic Charities’ Aging Case Management assists seniors and adults with disabilities at every point in the spectrum of care. Whether individuals require on-going support with age-related health decline or assistance with discharge back home from a hospitalization or connection to community resources, our goals are to decrease risk and promote independence.

Aging Case Management provides connections to community resources such as home-delivered meals, home safety checks, transportation services, support to referrals for psychological services, and patient advocacy.

Aging Case Management services are available on a sliding scale, based on ability to pay.

The Need
Seniors and adults with disabilities remaining and/or re-entering the community from institutions lack:
- Functional abilities
- Community resources
- Independent living support

Our Response
- Home visits to facilitate independence
- Personalized care planning
- Care coordination
- Resource referrals

Client Outcomes
- Improved quality of life
- Increased knowledge and use of community resources
- Improved ability to perform activities of daily living
- Reduced hospitalizations and returns to institutions

Community Impact
- Healthier community
- Decreased need for expensive institutional alternatives like skilled nursing facilities
- Decreased use of emergency services

ABOUT

SERVICES
- In-home assessments to help determine care needs
- Advocacy for aging adults that include accompaniment to medical appointments, tools for problem solving, and conducting eligibility services for best connection to care
- Networking services with a safety net of resources
- Information and referral

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