



Adult Day Services | San Mateo

2021 YEAR-END IMPACT REPORT

ABOUT

Catholic Charities Adult Day Services San Francisco is a licensed program providing a safe, supervised, therapeutic, and friendly environment for seniors and adults with disabilities who experience losses in physical function, memory, or social support. Through mentally and physically stimulating activities, the program enhances participants' quality of life and increases their independence while providing support and respite to family caregivers. Adult Day Services is a reliable and affordable alternative compared to in-home care or placement in a residential facility.

SERVICES

- Supervised activities tailored to meet the level of cognitive function for seniors and adults with disabilities
- Hot nutritious lunch and snacks
- Personal care assistance
- Extended care in early morning or afternoon outside daily programming hours
- Caregiver education, support groups, information, and referral

39 SENIORS AND ADULTS WITH DISABILITIES SERVED
2,095 CAREGIVERS SERVED

IMPACT

865

hours of adult day care and caregiver respite

237

virtual activities conceived and conducted

2,950

hours of caregiver counseling, referral, and information

COVID-19 had a significant impact on the number of clients we served during 2021 due to state and county shelter-in-place ordinances that temporarily closed some of our programs as we worked to keep our clients and employees as safe and healthy as possible.