



# CYO ATHLETICS

## 2019 YEAR-END IMPACT REPORT

### ABOUT

Catholic Charities CYO Athletics provides healthy growth and development opportunities for children through age-appropriate athletic competition emphasizing: leadership skill development; understanding team play; sharing the spotlight; displaying good sportsmanship; building healthy fitness habits; and respecting teammates and opponents.

CYO Athletics' school year and summer sports programs are offered throughout San Francisco providing youth with healthy out-of-school activities in a safe and supervised environment. Sports include youth basketball, volleyball, baseball, soccer, track and field, and cross-country, and adult co-ed basketball, and high school basketball and volleyball. CYO Athletics works with the community to help youth develop healthy lives and futures. Many of our former players continue with the program, returning to coach and officiate.

### SERVICES

- School year and summer sports programs serving more than 11,000 athletes in the San Francisco, Marin, and San Mateo
- Sports education in a safe, supervised setting
- Leadership and team skills with lifelong benefits
- Coaching clinics teaching skill-based fundamentals and sportsmanship for youth sports

## 11,941 ATHLETES ENGAGED IN 214,938 ANNUAL PLAYER HOURS

### IMPACT

These results are based on the self-sufficiency matrix assessment tool completed for the head of household.

**1,880**

volunteer coaches  
contributed  
30,080 hours

**95%**

display sportsmanship  
more than half the time

**96%**

display fitness more  
than half the time