



# ADULT DAY SERVICES SAN FRANCISCO

## 2019 YEAR-END IMPACT REPORT

### ABOUT

Catholic Charities Adult Day Services San Francisco is a licensed program providing a safe, supervised, therapeutic, and friendly environment for seniors and adults with disabilities who experience losses in physical function, memory, or social support. Through mentally and physically stimulating activities, the program enhances participants' quality of life and increases their independence while providing support and respite to family caregivers. Adult Day Services is a reliable and affordable alternative to in-home care or placement in a residential facility.

Co-located within our Adult Day Services San Francisco, our Catholic Charities Alzheimer's Day Care Resource Center provides a safe, structured environment in which frail or chronically impaired seniors and disabled adults can safely participate in social, educational, and recreational activities. The program provides stability and consistency in the lives of participants and their families.

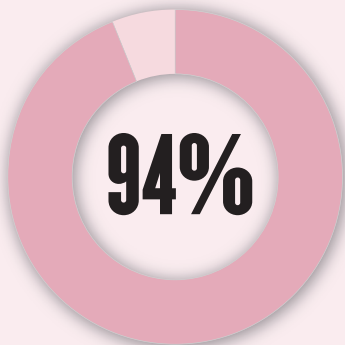
### SERVICES

- Supervised activities tailored to meet the level of cognitive function for seniors and adults with disabilities
- Hot nutritious lunches and snacks
- Personal care assistance
- Extended care early morning or afternoon outside daily programming hours
- Caregiver respite, guidance, information, and referral

## 54 SENIORS AND ADULTS WITH DISABILITIES AND 1,376 CAREGIVERS SERVED

### IMPACT

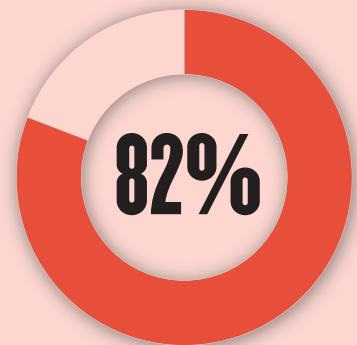
These results are based on the self-sufficiency matrix assessment tool completed for the head of household.



caregivers believe services address their loved ones' needs



caregivers are satisfied with quality of services



clients maintained or improved social engagement