



Adult Day Services | San Francisco

2021 YEAR-END IMPACT REPORT

ABOUT

Catholic Charities Adult Day Services San Francisco is a licensed program providing a safe, supervised, therapeutic, and friendly environment for seniors and adults with disabilities who experience losses in physical function, memory, or social support. Through mentally and physically stimulating activities, the program enhances participants' quality of life and increases their independence while providing support and respite to family caregivers. Adult Day Services is a reliable and affordable alternative to in-home care or placement in a residential facility.

Co-located within our Adult Day Services San Francisco, our Catholic Charities Alzheimer's Day Care Resource Center provides a safe, structured environment in which frail or chronically impaired seniors and disabled adults can safely participate in social, educational, and recreational activities. The program provides stability and consistency in the lives of participants and their families.

SERVICES

- Supervised activities tailored to meet the level of cognitive function for seniors and adults with disabilities
- Hot nutritious lunches and snacks
- Personal care assistance
- Extended care early morning or afternoon outside daily programming hours
- Caregiver respite, guidance, information, and referral

86 SENIORS AND ADULTS WITH DISABILITIES SERVED
2,188 CAREGIVERS SERVED

IMPACT

2,465

hours of adult day care and caregiver respite

237

virtual activities conceived and conducted

563

hours of caregiver counseling, referral, and information

COVID-19 had a significant impact on the number of clients we served during 2021 due to state and county shelter-in-place ordinances that temporarily closed some of our programs as we worked to keep our clients and employees as safe and healthy as possible.